



YOUTH & YOUNG ADULT MINISTRIES

“STAY AT HOME” LENTEN BINGO

CHALLENGE YOURSELF TO GET A REGULAR BINGO OR COMPLETE ALL THE SQUARES

READ THE LIFE OF A SAINT	TAKE A NATURE WALK	READ THE EPISTLE FOR THE DAY	HAVE A “TECH FREE” MEAL WITH THE PEOPLE YOU LIVE WITH	PRAYERFULLY WATCH DIVINE LITURGY ONLINE
GO OUTSIDE, AND HAVE SILENT TIME FOR PRAYER FOR 15 MINUTES	READ AN ORTHODOX BOOK	PLANT SOMETHING IN A SMALL POT FOR THE KITCHEN WINDOWSILL OR IN YOUR YARD	CALL A FRIEND OR FAMILY MEMBER YOU HAVEN NOT SPOKEN TO IN AT LEAST TWO WEEKS	CLEAN AND ORGANIZE YOUR CLOSET
DRAW OR WRITE A THANK YOU NOTE FOR SOMEONE	PERFORM A RANDOM ACT OF KINDNESS FOR SOMEONE	FREE	READ THE GOSPEL FOR THE DAY	PRINT OUT AN ICON OF A SAINT, AND ADD IT TO YOUR ICON CORNER
POST YOUR FAVORITE SCRIPTURE VERSE ON SOCIAL MEDIA	HELP COOK A LENTEN MEAL	PRAY THE PRAYER OF ST. EPHRAIM THE SYRIAN	SPEND 5 MINUTES PRAYING THE JESUS PRAYER FOR SOMEONE ELSE	DO A HELPFUL CHORE WITHOUT BEING ASKED
PRAYERFULLY WATCH PRESANCTIFIED LITURGY ONLINE	PRAY FOR EVERY MEMBER OF YOUR FAMILY	FILL A BAG WITH ITEMS NO LONGER NEEDED OR USED AND SET ASIDE TO DONATE	HELP SWEEP THE KITCHEN FLOOR	PRAYERFULLY WATCH THE SERVICE OF THE SALUTATIONS ONLINE