

# Church Online

Remember you don't need a Zoom account to join a Zoom call or a Facebook account to view a Facebook LIVE video.

## Streaming Services

Livestreaming is offered at many Metropolis of San Francisco parishes, with additional parishes adding these capabilities each day. The list can be found with other Coronavirus Resources at [sanfran.goarch.org](http://sanfran.goarch.org). Please check parish online calendars for service times.

You may view services at [goarch.org/live-broadcasts](http://goarch.org/live-broadcasts).

An "Eastern Orthodox Livestreaming Services" Facebook Group was created March 20th to collect links to the growing number of services available: [facebook.com/groups/1207273929474563/](https://facebook.com/groups/1207273929474563/)

## Spanish-Language Services

Project Mexico offers live services in Spanish on their Facebook page with Fr. Nicholas Andruchow at St. Innocent Chapel.

## Children's Storytime

Fr. Apostolos Hill offers a daily storytime or lesson for children LIVE on Instagram at 3:00 p.m. Follow @fr.hill and his parish, Holy Trinity Cathedral in Phoenix, @holytrinityphx.

## Zoom Meetings & Fellowship

Many parishes are hosting Bible Study, fellowship, and youth meetings via Zoom videoconferencing. Learn how at [zoom.us](http://zoom.us).

### Make the Most of Church Online

- ★ Choose which service to attend in advance; avoid the temptation to "church hop."
- ★ If possible, download or print the text.
  - ★ Dress for church.
- ★ Watch on the largest screen available.
  - ★ Light candles and burn incense.
    - ★ Stand, or sit with attention.
    - ★ Sing along with the chanters.
- ★ Ease yourself in, attending longer each time.

## Monasteries

Holy Cross in Wayne, West Virginia is streaming all of their monastic services through both YouTube and Facebook. Full schedule and links for streaming: [holycross.org/blogs/news](http://holycross.org/blogs/news)

The OCA Monastery of the Transfiguration in Ellwood City Pennsylvania streams all of their services at [orthodoxmonasteryellwoodcity.org/chapel](http://orthodoxmonasteryellwoodcity.org/chapel)

## Orthodox Church of America Resources for the Coronavirus Pandemic

Visit: [OCA.org/resources-coronavirus](http://OCA.org/resources-coronavirus)

### Prayer for Protection

O God Almighty, Lord of heaven and earth, and of all creation visible and invisible, in Your goodness look down on Your people. Be our helper and defender in this day of affliction. You know our weakness. You hear our cry in repentance and contrition of heart.

O Lord who loves humanity, deliver us from the growing threats of the coronavirus. Send Your angels to watch over us and protect us. We ask that you slow the spread of the virus and help us do what we can to slow its spread.

Grant health, recovery, protection, and encouragement to those suffering from its effects: whether physically, emotionally, financially, or in any other way.

Guide the hands of the physicians, healthcare workers, and all those who continue to serve Your people in the face of this threat.

And preserve us all, O Lord, that we may continue to serve You in peace and glorify Your most honorable and majestic Name of the Father and of the Son and of the Holy Spirit, now and forevermore. Amen.